Tinners Arms

What? Time seems to have stopped in Zennor's only pub. It was built in 1271 of solid stone, and in the winter there are two open fires. There's no loud music here, no TV sport and not even a mobile signal. Instead there's tasty food and a terrace with a view of the Atlantic. Watch the sun set beyond the horizon!

How much? Main meals £6 to £15.

When?

In the summer Mon–Sat 11am–11pm, Sun 12–10.30pm. In the winter closed between 3pm and 6.30pm. Lunch 12-2.30pm, evening meals 6.30–9pm.

Where? Right in the middle of the village – you can't miss it. Tel. 01736 796927, www.tinnersarms.com.



Birds and dunes

To Godrevy Point

Distance: approx. 10 miles.

NB: Walk there and return by taxi. Alternatively, to shorten the walk start in Hayle, i.e. drive (see below) or take the No. 14 bus to Hayle (15 min.) or the *St Ives Bay Holiday Camp* stop near the Towans (20 min.).

Walk past **Porthminster Beach** on the coast path, which here is still asphalted, until after half an hour you reach the long, fine sandy beach of **Carbis Bay. Trencrom Hill** is $^{3}/_{4}$ mile south of Carbis Bay, and is one of the best **vantage points** in West Cornwall, offering views over St lves Bay to the north and Mounts Bay to the south.

Keep to the South West Coast Path, which now loops inland past **Lelant** to cross the **River Hayle**. On the road between Lelant und Hayle

