



And nevertheless, or maybe for this very reason, eating out in St Ives is a **gourmet's delight**. But after culinary cornucopia even the most ardent of foodies like getting back to basics and enjoying some good old bread and cheese.

Eating out in St Ives is expensive – there's just no denying it. Skinflint thus recommends:

- Lower prices at or before certain times, so look out for **early-bird menus** and teatime or lunchtime specials (often advertised outside).
- Go out for **lunch instead of an evening meal** – the same dishes often much cheaper.
- BYO**: In some restaurants in St Ives, even though they're fully licensed, you can still bring your own bottle and pay the £1 to £2 corkage. Enquire at the restaurant beforehand!
- Cheap and cheerful: Most pubs offer very good **bar meals**, which above all come in generous portions.

RESTAURANTS

Interesting concept

The Seafood Café

What? Guests create their own menu here. Procedure: Select 1) Fish or meat, 2) Type of preparation, 3) Sauce (incl. strawberry & lime, peppers & mango, port & plum), 4) Type of potato (e.g. rocket & parmesan mash or early potatoes roasted in garlic and herbs).

Why? Because the concept is good and the fish couldn't be fresher.



Lunch (set dishes) 12–3pm, evening meal from 6pm.

When?

Do make a reservation!

Evenings: Fish and meat £9 to £17 including potatoes and sauce (vegetables extra).

How much?

45 Fore Street, Tel. 01736-794004, www.seafoodcafe.co.uk.

Where?

A favourite haunt

Porthgwidden Café

More than a favourite restaurant or café – it is one of the most beautiful places in St Ives. That's why many locals come here to read a book over a cup of coffee. Breakfast (e.g. scrambled eggs with smoked salmon for £5), wonderful snacks (highly recommended: cranberry & brie baguette with home-made chips and

What?

